

TEAM TOURS DIRECT



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RUGBY CAMP

CALELLA - BARCELONA, SPAIN

Calella, the holiday capital of the Costa del Maresme, has numerous outdoor terraces, restaurants and a lively nightlife which –along with its beaches– all make it an attractive destination for visitors.

The town centre of Calella extends for three kilometres and is bordered by beaches of golden sand on the Mediterranean and the tributaries of the Montnegre before they flow into the sea. Its outstanding location makes this a first-rate seaside resort, and it has received the Blue Flag European quality award on numerous occasions.

Visitors can enjoy a wide range of water sports thanks to its mild year-round climate and the excellent facilities at its Yacht Club.

TOUR HIGHLIGHTS

- Team Tours Direct are an **ABTA approved** tour operator, giving you **financial security** on your booking
- Executive return **coach transport** from airport to your accommodation
- **5 night stay** based on a bed & breakfast basis
- Team Tours Direct tailor made **competition against local sides**
- Close proximity **to the beach**
- **Masterclass Coaching** sessions to take your technique to the next level



ENJOY A ONCE IN A LIFETIME TRIP TO SPAIN COURTESY OF TEAM TOURS DIRECT



INFO@TEAMTOURSDIRECT.COM · +44 (0) 8456 76 11 66 · WWW.TEAMTOURSDIRECT.COM

DAY 1: SUNDAY

Arrive into Spanish airport where the team will be transported via executive coach to your 4* swimming complex hotel. Dependent on time of arrival at hotel there may be an opportunity for a swim and get acclimatised to your surroundings.

DAY 2: MONDAY

Today you will prepare for the competition ahead with masterclass coaching.

You will take part in a two hour session in the morning, followed by a break for a nutritious lunch before taking part in another two hour session in the afternoon.



DAY 3: TUESDAY

Compete in the first day of the friendly games against local clubs.

After the competition you will have plenty of time to relax and enjoy your swimming complex at your leisure, hit the gym or get some more practice in.





DAY 4: WEDNESDAY

It's time for your next masterclass coaching session with a Pro-Coach. You will be given a pro-coaching session to improve technique, identifying areas for improvement.

In the afternoon you will take part in fun challenges.

DAY 5: THURSDAY

Compete in the second day of the friendly games against local clubs.

After lunch visit Girona, which is located between the sea and the mountains, Girona boasts a privileged position. The Old Town is one of the most reminiscent historical centres in Catalonia.



DAY 6: FRIDAY

Light training session with coaches in the morning.

After your morning training session you will enjoy a thrilling excursion to Port Aventura, the most visited theme park in Spain! Discover the six worlds of one of Europe's most iconic theme parks.

